

COMPETITION: _____

DATE / LOCATION: _____

EVENING PRACTICE SCHEDULE **(PRE-ALLOCATED)**

Date	Time	Sheet A	Sheet B	Sheet C	Sheet D
	0-10 min.				
	10-20 min.				
	20-30 min.				
	30-40 min.				
	40-50 min.				
	50-60 min.				
	0-10 min.				
	10-20 min.				
	20-30 min.				
	30-40 min.				
	40-50 min.				
	50-60 min.				
	0-10 min.				
	10-20 min.				
	20-30 min.				
	30-40 min.				
	40-50 min.				
	50-60 min.				
	0-10 min.				
	10-20 min.				
	20-30 min.				
	30-40 min.				
	40-50 min.				
	50-60 min.				

COMPETITION: _____

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EVENING PRACTICE - GUIDELINES **(PRE-ALLOCATED)**

First practice session starts approx. 5 minutes after the end of the last game of the day.

1. Each practice session is to be used only by the team to whom it has been assigned.
2. If a session is not being used, the next team assigned to that sheet may use that time slot instead of the one to which they were originally assigned.
3. Teams may use the sheets only for the number of times they will play the next day – if they play once, they will have only one practice session even if there are sessions to which no team is assigned.
4. If a team does not want to use their practice session(s), please inform the officials.

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PROCEDURE

EVENING PRACTICE DURING ROUND ROBIN

Start time:

- Approximately 5 minutes after the last game of the day, as soon as the Ice Technician finishes cleaning and pebbling the slide paths.
- Only during the round robin portion of the draw. For teams in tie-breakers or playoff games, the practice times will be decided by the Chief Umpire.

Practice Length:

- 4 sessions - 15 minutes each (10 minutes for Mixed Doubles).

Ice access criteria:

- The only persons permitted in the Field of Play for these practices will be the players, the team coach, and a maximum of one other team official or translator (maximum of 7 people), all in proper uniform.
- No person may participate in more than 2 sessions per evening.

Practice schedule:

- Posted by the Chief Umpire at _____ hrs.

At _____ hrs:

- Teams may reserve 1 session on any sheet.
- Teams may reserve a combined men and women's session, but this joint practice will count as one full training session for both genders.

At _____ hrs:

- Teams may reserve a 2nd session.
- No team may practice on the same sheet twice on the same evening.
- An Association may not reserve 2 consecutive sessions on the same sheet.

At _____ hrs:

- Reservation list comes down and no more sheets can be booked.

Team Penalty for failure to use a reserved practice session:

Reservations for that team may not be made until _____ hrs each day.

EVENING PRACTICE BOOKING FORM

COMPETITION: _____

DATE: _____

TIME	SHEET A	SHEET B	SHEET C	SHEET D
<p><u>SESSION # 1</u></p> <p>START: 5 minutes after the end of the last game</p>	<p>Men <input type="checkbox"/> Women <input type="checkbox"/></p> <p>TEAM:</p>	<p>Men <input type="checkbox"/> Women <input type="checkbox"/></p> <p>TEAM:</p>	<p>Men <input type="checkbox"/> Women <input type="checkbox"/></p> <p>TEAM:</p>	<p>Men <input type="checkbox"/> Women <input type="checkbox"/></p> <p>TEAM:</p>
<p><u>SESSION # 2</u></p> <p>START: 20 minutes after the end of the last game</p>	<p>Men <input type="checkbox"/> Women <input type="checkbox"/></p> <p>TEAM:</p>	<p>Men <input type="checkbox"/> Women <input type="checkbox"/></p> <p>TEAM:</p>	<p>Men <input type="checkbox"/> Women <input type="checkbox"/></p> <p>TEAM:</p>	<p>Men <input type="checkbox"/> Women <input type="checkbox"/></p> <p>TEAM:</p>
<p><u>SESSION # 3</u></p> <p>START: 35 minutes after the end of the last game</p>	<p>Men <input type="checkbox"/> Women <input type="checkbox"/></p> <p>TEAM:</p>	<p>Men <input type="checkbox"/> Women <input type="checkbox"/></p> <p>TEAM:</p>	<p>Men <input type="checkbox"/> Women <input type="checkbox"/></p> <p>TEAM:</p>	<p>Men <input type="checkbox"/> Women <input type="checkbox"/></p> <p>TEAM:</p>
<p><u>SESSION # 4</u></p> <p>START: 50 minutes after the end of the last game</p>	<p>Men <input type="checkbox"/> Women <input type="checkbox"/></p> <p>TEAM:</p>	<p>Men <input type="checkbox"/> Women <input type="checkbox"/></p> <p>TEAM:</p>	<p>Men <input type="checkbox"/> Women <input type="checkbox"/></p> <p>TEAM:</p>	<p>Men <input type="checkbox"/> Women <input type="checkbox"/></p> <p>TEAM:</p>

Each practice session is 15 minutes. Please indicate your Association (3 letter code) as well as Men and/or Women.

EVENING PRACTICE BOOKING FORM

COMPETITION: _____ DATE: _____

TIME	SHEET A	SHEET B	SHEET C	SHEET D	SHEET E
<u>SESSION # 1</u> START: 5 minutes after the end of the last game	Men <input type="checkbox"/> Women <input type="checkbox"/> TEAM:	Men <input type="checkbox"/> Women <input type="checkbox"/> TEAM:	Men <input type="checkbox"/> Women <input type="checkbox"/> TEAM:	Men <input type="checkbox"/> Women <input type="checkbox"/> TEAM:	Men <input type="checkbox"/> Women <input type="checkbox"/> TEAM:
<u>SESSION # 2</u> START: 20 minutes after the end of the last game	Men <input type="checkbox"/> Women <input type="checkbox"/> TEAM:	Men <input type="checkbox"/> Women <input type="checkbox"/> TEAM:	Men <input type="checkbox"/> Women <input type="checkbox"/> TEAM:	Men <input type="checkbox"/> Women <input type="checkbox"/> TEAM:	Men <input type="checkbox"/> Women <input type="checkbox"/> TEAM:
<u>SESSION # 3</u> START: 35 minutes after the end of the last game	Men <input type="checkbox"/> Women <input type="checkbox"/> TEAM:	Men <input type="checkbox"/> Women <input type="checkbox"/> TEAM:	Men <input type="checkbox"/> Women <input type="checkbox"/> TEAM:	Men <input type="checkbox"/> Women <input type="checkbox"/> TEAM:	Men <input type="checkbox"/> Women <input type="checkbox"/> TEAM:
<u>SESSION # 4</u> START: 50 minutes after the end of the last game	Men <input type="checkbox"/> Women <input type="checkbox"/> TEAM:	Men <input type="checkbox"/> Women <input type="checkbox"/> TEAM:	Men <input type="checkbox"/> Women <input type="checkbox"/> TEAM:	Men <input type="checkbox"/> Women <input type="checkbox"/> TEAM:	Men <input type="checkbox"/> Women <input type="checkbox"/> TEAM:

Each practice session is 15 minutes. Please indicate your Association (3 letter code) as well as Men and/or Women.